

# Training Outline



## OSHE Management System Training Series

### Noise Monitoring and Awareness (Intensive Program)

#### Overview

The Noise Risk Assessment training is designed to equip participants with the knowledge and skills necessary to conduct comprehensive noise risk assessments in accordance with the Occupational Safety and Health (Amendment) Act 2022, OSH (Noise Exposure) Regulation 2019, and ICOP for Hearing Conservation 2019. The training aims to enhance participants' understanding of the legal requirements related to noise exposure in the workplace and provide practical guidance on implementing effective hearing conservation measures..

#### Training Objectives

Successful completion of the program will enhance the skills of participants and enable them to:-

- ✓ Understand the key provisions of the Occupational Safety and Health (Amendment) Act 2022 related to noise exposure.
- ✓ Familiarize participants with the OSH (Noise Exposure) Regulation 2019 and its implications for workplaces.
- ✓ Comprehend the ICOP for Hearing Conservation 2019 and its role in safeguarding workers from noise-induced hearing loss.
- ✓ Learn to implement control measures to mitigate noise risks and ensure compliance with relevant regulations.
- ✓ Understand the importance of ongoing monitoring and review of noise control measures.

#### Training Methodology

This training is aimed to be practical, participative, and interactive. Real life examples, case studies and “HANDS ON” tips will be given to participants during the training. There will also be small group activities to foster better understanding of concepts and real-life applications.

A practical session will be conducted to enable participants to understand the process by the direct facilitation by the trainer.

### *Focus and Reference*

- Occupational Safety and Health Act 1994 (Act 514)
- Occupational Safety and Health (Amendment) Act 2022
- OSH (Noise Exposure) Regulation 2019
- Industry Code of Practice (ICOP) for Hearing Conservation 2019
- Relevant international standards and guidelines on noise risk assessment

### *Target participants*

This course is beneficial for:

- ✓ Safety and Health Officers
- ✓ Occupational Health Practitioners
- ✓ Workplace Safety Committee Members
- ✓ Facilities and Operations Managers
- ✓ Human Resources Personnel
- ✓ Anyone involved in workplace safety and health management.

### *Course Outline*

#### **MODULE 1: Introduction to Noise Risk Assessment**

- ❖ Definition of noise and its effects on health
- ❖ Legal framework overview.

#### **MODULE 2: Legislative Requirements**

- ❖ Occupational Safety and Health (Amendment) Act 2022
- ❖ OSH (Noise Exposure) Regulation 2019
- ❖ ICOP for Hearing Conservation 2019.

#### **MODULE 3: Understanding Noise Exposure**

- ❖ Measurement methods and equipment
- ❖ Exposure limits and action levels.

#### **MODULE 4: Risk Assessment Process**

- ❖ Identifying noise hazards in the workplace
- ❖ Assessing employee exposure levels.

**MODULE 5: Control Measures and Implementation**

- ❖ Hierarchy of control measures
- ❖ Personal protective equipment (PPE)
- ❖ Engineering controls and administrative measures.

**MODULE 6: Monitoring and Review**

- ❖ Establishing a monitoring program
- ❖ Regular review and adjustments of control measures.

**MODULE 7: Communication and Training**

- ❖ Effective communication strategies
- ❖ Training programs for employees on noise hazards and protection.

## **Contact Information**

**Company Name: OSHISIS Solution PLT / OSH ISIS Integrated Solution**

**No. 17-1B, Tingkat 1, Block 6,  
Jalan Pahat H 15/H, Dataran Otomobil, Seksyen 15,  
40200 Shah Alam, Selangor**

**Email: [admin@osh-isis.com](mailto:admin@osh-isis.com),**

**Tel +6019-279 1152**

**Website: <http://osh-isis.com>**

**FB: <https://www.facebook.com/oshisisc>**

**<https://www.facebook.com/ms2530>**

**Trainer Profile: <http://osh-isis.com/outline/dmn.pdf>**

## Why Us

### *Why OSH-ISIS Shall Be Your Preferred Partner*

**OSH ISIS** provide a professional services motivated to design management system through dynamic platform for industry stakeholders.

More view on our system (click for viewing;



Simplified Management System






Hyperlinked Management System

**Read More..**

#### OSH-ISIS Provide Solution for:



OSH Training	OSH Smart Tool	OSH Consultancy	OSHE&Q Facilitation
	<a href="https://youtu.be/Nk4OVIOkcUA">https://youtu.be/Nk4OVIOkcUA</a>	e-HIRARC Program. A smart tool for assessing risk and danger at workplace	Sample: <a href="http://osh-isis.com/hirarc.xlsx">http://osh-isis.com/hirarc.xlsx</a>
	<a href="https://youtu.be/ojkhfwsJyvE">https://youtu.be/ojkhfwsJyvE</a>	Integrated Safety Inspection System. An integration program to comply OSH-related laws and OHSAS 18001	Sample: <a href="http://osh-isis.com/isis.xls">http://osh-isis.com/isis.xls</a>
	<a href="https://youtu.be/D8Xotr76_cw">https://youtu.be/D8Xotr76_cw</a>	An effective management of OSH legal	