

### 3.3 Result of Initial ERA

Initial ERA should be scored based on each factor observed and analyzed. The assessment score outcome is summarized in **Table 3.15**.

**Table 3.15: Initial ERA form**

Risk factors	Total Score	Minimum requirement for advanced assessment	Result of Initial ERA	Any Pain or Discomfort due to risk factors as found in Musculoskeletal Assessment (refer Part 3.1) (Yes/No)	Need Advanced ERA? (Yes/No)																										
Awkward Postures	13	≥ 6		YES / NO  If YES, please tick (✓) which part of the body <table><tr><td>Neck</td><td></td></tr><tr><td>Shoulder</td><td></td></tr><tr><td>Upper back</td><td></td></tr><tr><td>Upper arm</td><td></td></tr><tr><td>Lower back</td><td></td></tr><tr><td>Forearm</td><td></td></tr><tr><td>Wrist</td><td></td></tr><tr><td>Hand</td><td></td></tr><tr><td>Hip/buttocks</td><td></td></tr><tr><td>Thigh</td><td></td></tr><tr><td>Knee</td><td></td></tr><tr><td>Lower leg</td><td></td></tr><tr><td>Feet</td><td></td></tr></table>	Neck		Shoulder		Upper back		Upper arm		Lower back		Forearm		Wrist		Hand		Hip/buttocks		Thigh		Knee		Lower leg		Feet		
Neck																															
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Knee																															
Lower leg																															
Feet																															
Static and Sustained Work Posture	3	≥ 1																													
Forceful Exertion	1	1																													
Repetitive Motion	5	≥ 1																													
Vibration	4	≥ 1																													
Lighting	1	1																													
Temperature	1	1																													
Ventilation	1	1																													
Noise	2	≥ 1																													